Course Description:

Start on south side of A1079, approx 1.5 miles east of Market Weighton, at last blue paint mark on kerb, at western exit from layby.

Proceed west on A1079 to Traffic Island at junction A1034 (1.30 mls)

Straight ahead (2nd exit) to next Traffic Island (Holme Road - 2.47 mls)

Take 1st exit (left) onto Holme Road (becomes Market Weighton Road) to Beechwood Traffic Island, junction A614 (4.70 mls).

Take 2nd exit (right) onto A614, continue to next island, Shiptonthorpe.(7.11 mls).

Take 3rd exit (right) onto A1079, continue to Holme Road TI (8.41 mls)

Stay on A1079 (2nd exit) to next island, junction A1034, (9.57 mls).

Continue on A1079 (straight across - 2nd exit) to

FINISH at first grate after triangular "cycles" warning sign, just beyond footpath (10.00

mls). Riders must not use tri-bars while negotiating any of the roundabouts. There will be Official Observers – any riders reported to be in infringement of this regulation face disqualification from the event, and possible further action.

Event Headquarters:

The junction Between Beverley Road and Humber St in Market Weighton. What 3 Words Location: Firm.Noun.Stencil

There are Public toilets at the bottom of the hill leading to the HQ

To get to the start, ride up Beverley Road and the start is on the Right. After the Finish there is a Left turn onto a cycle path to the HQ

SIGNING ON & OFF

It is necessary to sign on before you start, numbers are only available after you sign on. **New regulation (2017)**: all riders **must return** to the HQ and **sign out** or may be recorded as DNF. Numbers are event specific and can be kept.

In the interest of your own safety, **CYCLING TIME TRIALS** and the event promoter strongly advise you wear a **HARD SHELL HELMET** that meets an Internationally accepted safety standard. In accordance with regulation 15 **ALL JUNIOR** competitors must wear protective hard shell helmets. It is MANDATORY that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active at the start.

Please be aware of and follow CTT Covid Guidelines.

"Promoted for & on behalf of Cycling Time Trials under their rules & regulations."

Vive Le Velo

Open 10 Mile Time Trial Sunday 13th June 2021 Mens' Event Course V7113

Timekeepers: Mr G Backshall & Mrs B Philipson -City Road Club

Awards

Prize Money

1st Fastest - £30	1st Vet 40-45 - £10
2nd Fastest - £20	1st Vet 45-50 - £10
3rd Fastest - £10	1st Vet 50-55 - £10
	1st Vet 55-60 - £10
	1st Vet 60-65 - £10
	1st Vet 70+ - £10
	Team Overall - £10 Each

Voucher prizes donated by Vive Le Velo. Performance Cycles and Accessori

Event Secretary - Ed Neilson

Vive le Velo WWW.VIVELEVELO.CC

16 High Street North Ferriby HU14 3JP

Mob: 07973451081